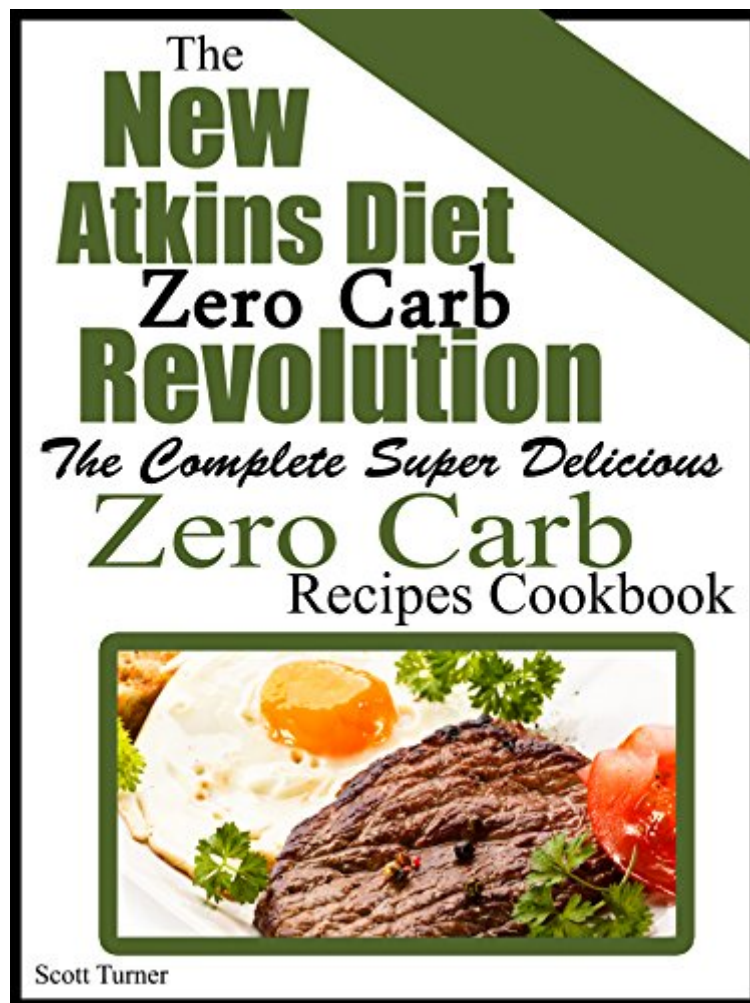


The book was found

The New Atkins Diet Low Carb Revolution: The Complete Super Delicious Zero Carb Recipes Cookbook



Synopsis

Guess what? This and ALL of Scott Turner's Kindle Low Carb Cookbooks are FREE for Kindle Unlimited subscribers and FREE to borrow for Prime Members! FYI! The New Atkins Diet Low Carb Revolution: The Complete Super Delicious Zero Carb Recipes Cookbook is available: *On all Kindle devices! *On all Apple computers with FREE Kindle applications! *On Microsoft computers with the FREE Kindle applications! *On all Android devices with the absolutely FREE Kindle app! *On iPhones with the absolutely FREE Kindle app! *On iOS devices with the absolutely FREE Kindle app! Welcome to the new, amazing, and wonderful world of the Atkins diet! With the ALL NEW Atkins Diet Low Carb Revolution you'll be SHEDDING off the fat and the weight. Have you ever dreamed of losing 5 or more pounds EVERY WEEK? What's more, this plan is PROVEN to be incredibly HEALTHY, miraculously FAT-BURNING, and SUPER EFFECTIVE! It works through the miracle of ketosis, which is a state your body shifts into when you don't eat many carbs. Your body will literally be BURNING fat away EVERY MINUTE! Welcome to the new, amazing, and wonderful world of the Atkins diet! With the ALL NEW Atkins Diet Low Carb Revolution you'll be SHEDDING off the fat and the weight. Have you ever dreamed of losing 5 or more pounds EVERY WEEK? What's more, this plan is PROVEN to be incredibly HEALTHY, miraculously FAT-BURNING, and SUPER EFFECTIVE! It works through the miracle of ketosis, which is a state your body shifts into when you don't eat many carbs. Your body will literally be BURNING fat away EVERY MINUTE! But wait! Doesn't the Atkins diet only let you eat bland, boring foods? NO! With Atkins, you can EAT GREAT and LOSE WEIGHT! In this book you can find recipes for DELICIOUS Buttery Salmon, FANTASTIC Fried Chicken, HEAVENLY Buffalo Chicken Wings, SUCCULENT Southern Fried Pork Chops, and MUCH, MUCH MORE! All of them COMPLETELY and TOTALLY CARB-FREE! Are you ready to begin changing your life? Are you ready to create a NEW YOU? Are you ready to be in control of your BODY and in control of your LIFE? Get started TODAY!

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Book Information

File Size: 1155 KB

Print Length: 30 pages

Publisher: Turner & Turner Publishing (February 28, 2015)

Publication Date: February 28, 2015

Sold by:Â Digital Services LLC

Language: English

ASIN: B00U58F7GO

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #256,855 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #78

inÂ Books > Health, Fitness & Dieting > Diets & Weight Loss > Atkins Diet #122 inÂ Kindle Store > Kindle Short Reads > 45 minutes (22-32 pages) > Cookbooks, Food & Wine #369 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diets & Weight Loss > Diets > Low Fat

Customer Reviews

Obviously late to get on the no/low carb bandwagon, I found this particularly useful in helping me to reverse my diabetes. Thanks, Scott Turner.

Recipes are so easy. And don't call for expensive ingredients. Makes you think you could actually do this diet with little effort!

This book has some simple low carb recipes in it. I would add a few more ingredients to some of

them though.

Didn't realize it was only a recipe book not a guide with recipes. Pretty sure could have save about half the pages by not printing the recipe & instructions for every possible omelette.

This recipes in this book are so basic, they can't really be called recipes in my opinion. I was looking for actual recipes, not pieces of meat or fish with salt and pepper as the only ingredients. Very disappointed...

Very good recipe book. Lots of good and common recipes. I would recommend this book to anyone who likes to cook and try healthy recipes

I love anything to do with the Atkins Diet. Great info, great recipes. So much info, especially for first time low carb people.

Can't wait to cook some of these dishes. Recipes seem very easy to fix. And the recipes even included seafood! My favourite!!

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